

# Fear Not the Pain

words by Rainer Maria Rilke  
music by Rachel Pollak Kroh

arr. Peter Amidon  
8/26/13 version

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The musical score is written for voice and piano. It consists of two systems of music. The first system contains the first four measures of the piece. The second system contains measures 5 through 8. The music is in common time (C) and features a vocal line with lyrics and a piano accompaniment. The lyrics are: 'Fear not the pain. Let its weight fall back in - to the earth; for hea - vy are the moun-tains, hea-vy are the seas.'

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